Create Your Life On Purpose

The Workbook



It *is* possible to create your Life on Purpose. People are doing it all the time. We see them all around us.

They are the people who inspire us. They are the people who seem to get what they are after and appear to have it all. They are the humble people who express gratefulness and passion for their life. They are the people who draw us in. They are the people we love to be around.

What is their secret?

They have learned to Master the **Law of Attraction**. They understand how the universe works and how their energy attracts the things they desire. They **believe** in it's power and have done the work required to open themselves up to receiving these gifts.

Are you ready to create your Life on Purpose?

This workbook will walk you through the inner work that will set you on the path to Mastering the Law of Attraction in your life and creating your future on purpose!

Creating a Life On Purpose Step 1 - Imagine It

In order to attract the things you desire in your life, you must first *imagine* it in detail. It all starts with your thoughts. Your mind is very powerful and is the foundation of all change. It can be retrained to work for you. There are no limits to your imagination but you must begin to allow it to think big.

To begin with, allow yourself to imagine all the things you desire in your life. Imagine you could not fail, what would your life be like?

Write out as much as you can imagine below: (be specific)

Our intention creates our reality!

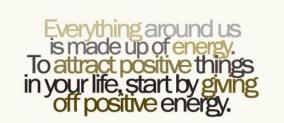
Wayne Dyer

Creating a Life On Purpose Step 2 - Feel It

Now it's time to create the energy you put out to the universe. This energy comes from the feelings about the things you imagine. When you imagine you already have the life you desire, how do you feel?

Allow yourself to deeply feel these things. The more you are in touch with the feelings, the more energy you create and the more these things are attracted into your life.

Write out all the feelings you are experiencing below:



Unknown

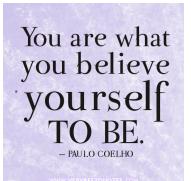
Creating a Life on Purpose Step 3 - Believe It

This is where it can get tricky. The reason we aren't attracting the things we desire into our life is because we are blocking the energy in some way. Blocking can be caused by limiting beliefs that have been created over a lifetime.

If, deep down, you don't believe you deserve these things then you will never have them. Or, if you do receive them, you can't keep them. Truly believing that are worthy of having the things you desire opens up the channel to the universe.

This will take practice. You have spent your whole life building these blocks and they are now habits of thinking that have to be reprogrammed in your mind.

Let's begin to reprogram those thoughts. What would someone who already has the life you desire to have believe about themselves? Write down everything you imagine they say to themselves below:



Creating a Life On Purpose Step 4 - Align Your Actions

Finally it's time to start behaving as though you already have the life you desire. You already know what the final product looks like, you already know what it feels like to have this life and you believe you can have this life. Now it's time to live this way.

Even if you don't fully believe it yet, start imagining what a person who has this life lives like. What behaviors can you change today that aligns with the life you desire? Write down at least three actions you will begin to take today to live this life!

> Vision without ACTION Is a Daydream.

Action without VISION is a Nighmare!

CHINESE PROVERB



When you begin to create a reality in this way, you start to see the magic of the Law of Attraction. The life you desire *WILL* come to you when you are fully open.

We hope you enjoy your journey and keep in touch with us.

We would love to share in your success!

Wishing you lots of success! $\swarrow^{\mathcal{D}}$ Para & Kim

My Life On Purpose Events

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